

Optimism In a Chaotic World

Editorial by Board Member Deb Woods
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As I write this, another snow storm is blanketing our area and a storm of ugliness is being unleashed at Canada from our used-to-be closest ally to the south. That ally has withdrawn from its leadership role within the rules-based international order, and is cosyng up instead to authoritarian regimes. Countries everywhere are missing their climate change targets and “drill baby drill” continues unabated. What’s an optimist to do?!

The world can drive us crazy sometimes. We are wracked by anxiety and wonder where to look for hope. Turning off the bad news isn’t the only answer, although that might help. Searching out the good news might help too—try [The Optimist Daily](#) or [The Good News Network](#) or The [Good News Network Channel](#). There are good people everywhere doing good things for the planet. Why not us!

This issue of [Living Green Barrie’s Spring Newsletter](#) focuses on creating the kind of world we want –through planting trees, supporting pollinators, naturalizing our yards, promoting active transportation. Read, enjoy, connect with the earth, with other people and with an activity you enjoy, and start to make a difference. Your mental health will thank you!